


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																					
	<p>1</p> <p>10:00 ♥ Chair Exercise [FC] 11:00 ★ St Marks Catholic Church Communion [TH] 1:15 ♥ Aqua-Fit Warm Salt Water [O] 1:30 ★ Crochet Bags for next door facility residents [AS] 3:00 ♥ Relaxing Chair Massage provided by Charlin Home Health 3:30 ● Out to Vote for City of Plano [CR] 6:00 ● Rummikub [B]</p>	<p>2</p> <p>Doctors Appointments Post Office, Bank, Library 10:00 ♥ Exercise - Stretch [FC] 10:30 ★ Ted Talks-Interesting and educational speakers [TH] 12:30 ● Gold Key Presentation & Announcements [DR] 1:30 ♣ Walking Club [FD] 1:30 ★ Bible Study with Nick [CR] 3:00 ♣ Family Feud Game [B] 6:00 ● Rummikub [B]</p>	<p>3</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ♣ Outing with our Dogs to the Park 1:15 ♥ Aqua-Fit Warm Salt Water 1:30 ♣ Bingo with Carla from Reliant Home Health [CR] 3:30 ♣ Small Group Social 3:30 ♣ Rummikub [B] 6:30 ♣ Wednesday Movie Night [TH]</p>	<p>4</p> <p>Doctors Appointments 10:00 ♥ Exercise - Stretch [FC] 10:30 ★ Inspirational History Presentation-The Battle of Britain and the Blitz Over London [TH] 11:30 ♣ Plano Senior Center Lunch and Big Band [O] 1:30 ★ Crochet Bags for walkers for next door facility residents [AS] 3:30 ♣ Entertainment with Brenda Sullinger [B] 6:00 ● Rummikub [B]</p>	<p>5</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ● Central Market or Walmart [O] 1:30 ♣ Bingo with Devon [CR] 3:30 ♣ Cinco De Mayo Party! [B] 4:30 ♣ Rummikub [B] 6:30 ♣ Friday Night Movie [TH]</p>	<p>6</p> <p>10:00 ♣ Word Search Puzzle for Prizes [FD] 10:00 ♥ Exercise Video Stretch [TH] 1:00 ♣ Rummikub with Manager on Duty [B] 3:00 ★ Bible Study with Pastor George [CR] 4:30 ♣ Puzzle Time Anytime [CR] 6:30 ● Saturday Night Movie [TH]</p>																					
<p>7</p> <p>Gifford O. Birthday 9:00 ★ Joel Osteen Televised weekly Sermon [CR] 10:00 ♥ Chair Exercise with Stacey [FC] 11:00 ★ Catholic Mass - Televised [CR] 1:30 ♣ James Gatlin and Fiddler [B] 3:00 ♣ Movie Time [TH] 6:00 ● Rummikub [B]</p>	<p>8</p> <p>10:00 ♥ Yoga/Pilates led by Alexia [FC] 11:00 ★ St Marks Catholic Church Communion [TH] 1:15 ♥ Aqua-Fit Warm Salt Water [O] 1:30 ★ Crochet Bags for next door facility residents [AS] 3:00 ♥ Relaxing Chair Massage provided by Charlin Home Health 3:00 ♣ One-on-one time 6:00 ● Rummikub [B]</p>	<p>9</p> <p>Doctors Appointments Post Office, Bank, Library 10:00 ♥ Exercise - Stretch [FC] 10:30 ♣ Therapeutic Horticulture with Susan [AS] 1:30 ♣ Walking Club [FD] 1:30 ★ Bible Study with Nick [CR] 3:30 ♣ Food Adventures 6:00 ● Rummikub [B]</p>	<p>10</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ♣ Lunch at the String Bean [O] 1:30 ♣ Bingo with Carla from Reliant Home Health [CR] 3:30 ♣ Learn to Play Sudoku [AS] 5:30 ♥ Family Support Group led by Christina Curtis [CR] 6:30 ♣ Wednesday Movie Night [TH]</p>	<p>11</p> <p>Doctors Appointments 10:00 ♥ Exercise - Stretch [FC] 10:30 ♣ Learn to Play Sudoku [AS] 11:30 ♣ Plano Senior Center Lunch and Big Band [O] 1:30 ★ Crochet Bags for walkers for next door facility residents [AS] 3:30 ♣ Entertainment with Ric Hobcheid [B] 6:00 ● Rummikub [B]</p>	<p>12</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ● Central Market or Walmart [O] 1:30 ♥ Walking Club [FD] 3:30 ♣ Bingo with Devon [CR] 4:30 ♣ Rummikub [B] 6:30 ♣ Friday Night Movie [TH]</p>	<p>13</p> <p>10:00 ♥ Exercise Video Stretch [TH] 10:00 ♣ Crossword Puzzle for prizes! [FD] 1:00 ♣ Rummikub with Manager on Duty [B] 3:00 ★ Bible Study with Pastor George [CR] 4:30 ♣ Puzzle Time Anytime [CR] 6:30 ● Saturday Night Movie [TH]</p>																					
<p>14</p> <p>9:00 ★ Joel Osteen Televised weekly Sermon [CR] 10:00 ♥ Chair Exercise with Stacey [FC] 10:30 ♣ Arts & Crafts with Stacey 11:00 ★ Catholic Mass - Televised [CR] 1:00 ♣ Movie Time [TH] 3:30 ★ Faith UMC Chancel Choir 6:00 ● Rummikub [B]</p>	<p>15</p> <p>10:00 ♥ Yoga/Pilates led by Alexia [FC] 10:00 ♥ Chair Exercise [FC] 11:00 ★ St Marks Catholic Church Communion [TH] 1:15 ♥ Aqua-Fit Warm Salt Water [O] 1:30 ★ Crochet Bags for next door facility residents [AS] 3:00 ♥ Relaxing Chair Massage provided by Charlin Home Health 6:00 ● Rummikub [B]</p>	<p>16</p> <p>Doctors Appointments Post Office, Bank, Library 10:00 ♥ Exercise - Stretch [FC] 11:00 ● Current Events Discussion with Rabbi Wolk [TH] 1:30 ★ Bible Study with Nick [CR] 2:00 ♣ Art from the Heart with Julie [AS] 3:30 ♣ Walking Club [FD] 6:00 ● Rummikub [B]</p>	<p>17</p> <p>10:00 ♥ Video Tai-Chi Exercise [TH] 10:00 ♣ Bishops Arts District Tour [O] 1:30 ♣ Bingo with Carla from Reliant Home Health [CR] 3:30 ♣ Small Group Social 3:30 ♣ Rummikub [B] 6:30 ♣ Wednesday Movie Night [TH]</p>	<p>18</p> <p>Doctors Appointments 10:00 ♥ Free Manicures by Shannon [CR] 10:00 ♥ Exercise - Stretch [FC] 10:30 ★ "Wow I didn't know that" interesting and educational videos [TH] 11:30 ♣ Plano Senior Center Lunch and Big Band [O] 1:30 ★ Crochet Bags for walkers for next door facility residents [AS] 5:30 ♣ Family Night [DR] 6:00 ● Rummikub [B]</p>	<p>19</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ● Target or Walmart [O] 1:30 ♥ Walking Club [FD] 3:30 ♣ Bingo with Devon [CR] 4:30 ♣ Rummikub [B] 6:30 ♣ Friday Night Movie [TH]</p>	<p>20</p> <p>10:00 ♥ Exercise Video Stretch [TH] 10:00 ♣ Crossword Puzzle for prizes! [FD] 1:00 ♣ Rummikub with Manager on Duty [B] 3:00 ★ Bible Study with Pastor George [CR] 4:30 ♣ Puzzle Time Anytime [CR] 6:30 ● Saturday Night Movie [TH]</p>																					
<p>21</p> <p>9:00 ★ Joel Osteen Televised weekly Sermon [CR] 10:00 ♥ Chair Exercise with Stacey [FC] 11:00 ★ Catholic Mass - Televised [CR] 1:30 ♣ Movie Time [TH] 6:00 ● Rummikub [B]</p>	<p>22</p> <p>10:00 ♣ Outing Frisco Rough Riders Baseball Game [O] 10:00 ♥ Exercise Video [TH] 11:00 ★ St Marks Catholic Church Communion [TH] 1:30 ★ Crochet Bags for next door facility residents [AS] 3:00 ♥ Relaxing Chair Massage provided by Charlin Home Health 3:00 ♣ One-on-one time 6:00 ● Rummikub [B]</p>	<p>23</p> <p>Doctors Appointments Post Office, Bank, Library 10:00 ♥ Exercise - Stretch [FC] 10:30 ♣ Ted Talks-Interesting and Educational Speakers [TH] 11:00 ♣ Gold Key Luncheon 1:30 ♣ Walking Club [FD] 1:30 ★ Bible Study with Nick [CR] 3:00 ♣ Family Feud Game [B] 6:00 ● Rummikub [B]</p>	<p>24</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ♣ Outing Barnes & Nobles and Bed Bath & Beyond [O] 1:15 ♥ Aqua-Fit Warm Salt Water 1:30 ♣ Bingo with Carla from Reliant Home Health [CR] 3:30 ♣ Soap Carving-Best soap sculpture wins! [AS] 3:30 ♣ Rummikub [B] 5:30 ♥ Family Support Group led by Christina Curtis [CR] 6:30 ♣ Wednesday Movie Night [TH]</p>	<p>25</p> <p>Doctors Appointments Podiatrist Dr. Morel Appointments Begin at 10AM. 10:00 ♥ Exercise - Stretch [FC] 10:30 ♣ Listening to Music and Doodling [AS] 11:30 ♣ Plano Senior Center Lunch and Big Band [O] 1:30 ★ Crochet Bags for walkers for next door facility residents [AS] 3:30 ♣ Entertainment with Allen [B] 6:00 ● Rummikub [B]</p>	<p>26</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ● Central Market or Walmart [O] 1:30 ♥ Walking Club [FD] 3:30 ♣ Bingo with Devon [CR] 4:30 ♣ Rummikub [B] 6:30 ♣ Friday Night Movie [TH]</p>	<p>27</p> <p>10:00 ♣ Sudoku puzzle for prizes! [FD] 10:00 ♥ Exercise Video Stretch [TH] 1:00 ♣ Rummikub with Manager on Duty [B] 3:00 ★ Bible Study with Pastor George [CR] 4:30 ♣ Puzzle Time Anytime [CR] 6:30 ● Saturday Night Movie [TH]</p>																					
<p>28</p> <p>9:00 ★ Joel Osteen Televised weekly Sermon [CR] 10:00 ♥ Exercise Video [TH] 11:00 ★ Catholic Mass - Televised [CR] 1:30 ♣ Movie Time [TH] 6:00 ● Rummikub [B]</p>	<p>29</p> <p>10:00 ● Watch President Wreath-Laying Ceremony at Arlington National Cemetery [TH] 11:00 ★ St Marks Catholic Church Communion [TH] 1:15 ♥ Aqua-Fit Warm Salt Water [O] 1:30 ★ Crochet Bags for next door facility residents [AS] 3:00 ♥ Relaxing Chair Massage provided by Charlin Home Health 6:00 ● Rummikub [B]</p>	<p>30</p> <p>Doctors Appointments Post Office, Bank, Library 10:00 ♥ Exercise - Stretch [FC] 10:30 ♣ Summer Wreath making with Tricia [AS] 1:30 ♣ Walking Club [FD] 1:30 ★ Bible Study with Nick [CR] 3:00 ♣ Trivia Pursuit [B] 6:00 ● Rummikub [B]</p>	<p>31</p> <p>10:00 ♥ Chair Exercise [FC] 10:30 ♣ Aquarium at Fair Park [O] 1:30 ♣ Bingo with Carla from Reliant Home Health [CR] 3:30 ♣ Trivia Pursuit 3:30 ♣ Rummikub [B] 6:30 ♣ Wednesday Movie Night [TH]</p>	<p>Location Keys</p> <table border="0"> <tr><td>Art Studio, 2nd Floor</td><td>AS</td></tr> <tr><td>Bistro, 1st Floor</td><td>B</td></tr> <tr><td>Club Room, 3rd Floor</td><td>CR</td></tr> <tr><td>Dining Room</td><td>DR</td></tr> <tr><td>Fitness Center, 2nd Floor</td><td>FC</td></tr> <tr><td>Front Desk</td><td>FD</td></tr> <tr><td>Out of Building</td><td>O</td></tr> <tr><td>Theater, 2nd Floor</td><td>TH</td></tr> </table>			Art Studio, 2nd Floor	AS	Bistro, 1st Floor	B	Club Room, 3rd Floor	CR	Dining Room	DR	Fitness Center, 2nd Floor	FC	Front Desk	FD	Out of Building	O	Theater, 2nd Floor	TH	<p>Resident Birthdays</p> <table border="0"> <tr><td>Gifford O.</td><td>5/7</td></tr> <tr><td>Evan W.</td><td>5/7</td></tr> </table>	Gifford O.	5/7	Evan W.	5/7
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