

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>HAPPY BIRTHDAY BILLIE!!!</b> <b>1</b></p> <p>8:00 ★ Joel Osteen Televised weekly Sermon [CR]</p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>11:00 ★ Catholic Mass - Televised [CR]</p> <p>1:30 🦋 Hangout and Horseshoes w/ Arnold Palmers [BYP]</p> <p>2:00 ★ Prestonwood Baptist Church Service [TH]</p> <p>3:00 🦋 Pokeno [CR]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p><b>Happy Labor Day!</b> <b>2</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:15 🦋 Watermelon Cool Down [B]</p> <p>2:00 ♥ Food that Built America- Heinz, Kellogg and Post [TH]</p> <p>3:00 🦋 Bingo [CR]</p> <p>6:30 Monday Night Movie [TH]</p>	<p><b>Doctors Appointments</b> <b>3</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 ★ Bible Study with Reg from First Frisco United Methodist Church</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>2:00 🦋 Popcorn Party [B]</p> <p>3:00 🦋 Pokeno [CR]</p> <p>6:30 Tuesday Night Movie [TH]</p>	<p><b>4</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ★ St Marks Catholic Church Communion</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:00 📷 Outing - Interurban Railway Museum [O]</p> <p>1:30 🦋 Bingo with Carla from Reliant Home Health [CR]</p> <p>1:30 🦋 Mexican Train Domino Game [B]</p> <p>3:00 🦋 Cookie Time with Total Hearing [B]</p> <p>3:00 🦋 Food for Thought Chat with Fernando [CR]</p> <p>6:30 Wednesday Night Movie [TH]</p>	<p><b>Doctors Appointments</b> <b>5</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 📷 Outing The Kings of Swing- Plano Senior Center [O]</p> <p>1:30 🦋 Chicken Foot Domino Game [B]</p> <p>1:30 ★ Flower Arranging [AS]</p> <p>3:30 🦋 Happy Hour with Steve Summers [B]</p> <p>6:30 Thursday Night Movie - [TH]</p>	<p><b>National Read a Book Day</b> <b>6</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Resistance Band Fitness Therapy [FR]</p> <p>1:15 📷 Central Market or Walmart [O]</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>2:00 🦋 Pick a Book and Grab a Pop [B]</p> <p>3:30 🦋 Bingo [CR]</p> <p>6:30 Friday Night Movie [TH]</p>	<p><b>HAPPY BIRTHDAY JOHN H.!!</b> <b>7</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Chair Exercise- Stretching and Gentle Movements [FR]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:30 ★ Jewelry Make and Take with Stacey [AS]</p> <p>1:30 🦋 Mexican Train Game [B]</p> <p>3:00 🦋 Bingo [CR]</p> <p>6:30 Saturday Night Movie [TH]</p>
<p><b>8</b></p> <p>8:00 ★ Joel Osteen Televised weekly Sermon [CR]</p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>11:00 ★ Catholic Mass - Televised [CR]</p> <p>11:30 📷 Culinary Keepsakes- Grandparents Day Family Brunch [DR]</p> <p>2:00 ★ Asbury Methodist Church Service [TH]</p> <p>3:00 🦋 Pokeno [CR]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p><b>9</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:00 ♥ Stretching and Movement with Doris [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:00 📷 iPhone class with Lynn- Apps [TH]</p> <p>2:15 ♥ Food that Built America- Hershey &amp; Mars [TH]</p> <p>3:00 🦋 Bingo [CR]</p> <p>4:15 🦋 Vibrant Life Meeting [CR]</p> <p>6:30 Monday Night Movie [TH]</p>	<p><b>Ants on a Log Day</b> <b>10</b></p> <p><b>Doctors Appointments</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 ★ Bible Study with Reg from First Frisco United Methodist Church</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>3:00 🦋 Pokeno [CR]</p> <p>3:30 🦋 Art Class with Reena [AS]</p> <p>4:15 📷 Homemake- Ants on a Log [CR]</p> <p>6:30 Tuesday Night Movie [TH]</p>	<p><b>11</b></p> <p>9:00 ♥ Total Hearing Care [AS]</p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ★ St Marks Catholic Church Communion</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 ★ Conversations with Rabbi Wolk [TH]</p> <p>11:30 📷 Outing to Blue Mesa Mexican Restaurant with Village at Stonebridge [O]</p> <p>1:30 🦋 Bingo with Carla from Reliant Home Health [CR]</p> <p>1:30 🦋 Mexican Train Domino Game [B]</p> <p>3:00 ♥ Charlin's Healing Hands with Cathy [S]</p> <p>6:30 Wednesday Night Movie [TH]</p>	<p><b>Doctors Appointments</b> <b>12</b></p> <p><b>National Chocolate Milkshake Day</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 📷 Outing The Kings of Swing- Plano Senior Center [O]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:30 ★ Police Appreciation Packages- VL Inspires [AS]</p> <p>3:30 🦋 Happy Hour with Laurie Gabriel &amp; Chocolate Milkshakes [B]</p> <p>6:30 Thursday Night Movie - [TH]</p>	<p><b>National Peanut Day</b> <b>13</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Resistance Band Fitness Therapy [FR]</p> <p>1:15 📷 Central Market or Walmart [O]</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>2:00 🦋 Peanuts and Pops [B]</p> <p>3:30 🦋 Bingo [CR]</p> <p>6:00 🦋 Veteran Appreciation @ Plano High School Football Game [O]</p> <p>6:30 Friday Night Movie [TH]</p>	<p><b>14</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:30 ★ Crafting with Stacey [AS]</p> <p>1:30 🦋 Mexican Train Game [B]</p> <p>3:00 🦋 Bingo [CR]</p> <p>6:00 📷 Spectacular Follies @ the Eisemann Performance Hall [O]</p> <p>6:30 Saturday Night Movie [TH]</p>
<p><b>15</b></p> <p>8:00 ★ Joel Osteen Televised weekly Sermon [CR]</p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>11:00 ★ Catholic Mass - Televised [CR]</p> <p>1:30 🦋 Cornhole and Cokes [BYP]</p> <p>2:00 ★ Prestonwood Baptist Church Service [TH]</p> <p>3:00 🦋 Pokeno [CR]</p> <p>3:30 🦋 Nail Times with Impact Dance Studio Girls [AS]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p><b>16</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement with Doris [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:00 📷 iPhone class with Lynn- Apps [TH]</p> <p>3:00 🦋 Bingo [CR]</p> <p>4:00 🦋 Jenga [AS]</p> <p>5:00 📷 Gold Key Dinner- Haywire [O]</p> <p>6:30 Monday Night Movie [TH]</p>	<p><b>Doctors Appointments</b> <b>17</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 ★ Bible Study with Reg from First Frisco United Methodist Church</p> <p>1:00 📷 Museum Masterpieces-For Love and Art [TH]</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>2:30 ♥ Food that Built America- Harlan Sanders and McDonald Brothers [TH]</p> <p>3:00 🦋 Pokeno [CR]</p> <p>6:30 Tuesday Night Movie [TH]</p>	<p><b>Rice Krispie Treat Day</b> <b>18</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ★ St Marks Catholic Church Communion</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 📷 Outing - Lunch at Cloud Nine and Geodeck Tour at Reunion Tower [O]</p> <p>1:30 🦋 Bingo with Carla from Reliant Home Health [CR]</p> <p>1:30 🦋 Mexican Train Domino Game [B]</p> <p>3:00 ♥ Charlin's Healing Hands with Cathy [S]</p> <p>6:00 🦋 Homemake Rice Krispie Treats with Linda [CR]</p> <p>6:30 Wednesday Night Movie [TH]</p>	<p><b>Doctors Appointments</b> <b>19</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 📷 Outing The Kings of Swing- Plano Senior Center [O]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:30 ★ Flower Arranging [AS]</p> <p>3:30 🦋 Happy Hour with Marty Ruiz [B]</p> <p>6:30 Thursday Night Movie - [TH]</p>	<p><b>Happy Birthday Donna!</b> <b>Happy Birthday Norton!</b> <b>20</b></p> <p><b>National Pepperoni Pizza Day</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Resistance Band Fitness Therapy [FR]</p> <p>1:15 📷 Central Market or Walmart [O]</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>2:00 🦋 Pizza Bites and Brews [B]</p> <p>3:30 🦋 Bingo [CR]</p> <p>6:30 Friday Night Movie [TH]</p>	<p><b>National Miniature Golf Day</b> <b>21</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:30 🦋 Mexican Train Game [B]</p> <p>1:30 📷 Putt Putt on the Patio with Stacy [BYP]</p> <p>3:00 🦋 Bingo [CR]</p> <p>6:30 Saturday Night Movie [TH]</p>
<p><b>National Checkers Day!</b> <b>22</b></p> <p>8:00 ★ Joel Osteen Televised weekly Sermon [CR]</p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>11:00 ★ Catholic Mass - Televised [CR]</p> <p>2:00 ★ Prestonwood Baptist Church Service [TH]</p> <p>3:30 🦋 Checker Challenge [B]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p><b>23</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement with Doris [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:00 📷 iPhone class with Lynn- Apps [TH]</p> <p>2:00 ♥ Food that Built America- Documentary [TH]</p> <p>3:00 🦋 Bingo [CR]</p> <p>4:00 📷 Gratitude Journaling [CR]</p> <p>6:30 Monday Night Movie [TH]</p>	<p><b>Doctors Appointments</b> <b>24</b></p> <p><b>Happy Birthday Miles!</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 ★ Bible Study with Reg from First Frisco United Methodist Church</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>3:00 🦋 Pokeno [CR]</p> <p>3:30 🦋 Art Class with Reena [AS]</p> <p>6:30 Tuesday Night Movie [TH]</p>	<p><b>Women Health and Fitness Day</b> <b>25</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ★ St Marks Catholic Church Communion</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:30 🦋 Bingo with Carla from Reliant Home Health [CR]</p> <p>1:30 🦋 Mexican Train Domino Game [B]</p> <p>3:00 ♥ Charlin's Healing Hands with Cathy [S]</p> <p>3:00 🦋 Resident Council Meeting [TH]</p> <p>5:00 📷 Make it a Date at Kenny's Italian Kitchen [O]</p> <p>6:30 Wednesday Night Movie [TH]</p>	<p><b>Doctors Appointments</b> <b>26</b></p> <p><b>Happy Birthday Jane Potts!</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>11:00 📷 Outing The Kings of Swing- Plano Senior Center [O]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:30 ★ Police Appreciation Packages- VL Inspires [AS]</p> <p>5:00 🦋 September Birthday Celebration with the Party Princess [DR]</p> <p>6:30 Thursday Night Movie - [TH]</p>	<p><b>Happy Birthday Mary Anne!</b> <b>27</b></p> <p><b>National Wear a Scarf Day</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Resistance Band Fitness Therapy [FR]</p> <p>1:15 📷 Central Market or Walmart [O]</p> <p>1:30 🦋 Rummikub Game [B]</p> <p>2:00 🦋 Walk and Wine the Runway- Scarf Edition [B]</p> <p>3:30 🦋 Bingo [CR]</p> <p>6:30 Friday Night Movie [TH]</p>	<p><b>National Good Neighbor Day</b> <b>28</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:30 ♥ Jewelry Make and Take with Stacey [AS]</p> <p>1:30 🦋 Mexican Train Game [B]</p> <p>3:00 🦋 Bingo [AS]</p> <p>6:30 Saturday Night Movie [TH]</p>
<p><b>Happy Birthday Narcisa G.!</b> <b>29</b></p> <p>8:00 ★ Joel Osteen Televised weekly Sermon [CR]</p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement Exercise [FR]</p> <p>11:00 ★ Catholic Mass - Televised [CR]</p> <p>2:00 🦋 Pokeno [CR]</p> <p>3:00 ★ Classic Church Hymn Sing Along [TH]</p> <p>4:15 🦋 Wine and Cheese Please [B]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p><b>Happy Birthday Frances A.!</b> <b>30</b></p> <p><b>National Mulled Cider Day</b></p> <p>9:15 ♥ Morning Brain Boost [B]</p> <p>10:00 ♥ Stretching and Movement with Doris [FR]</p> <p>10:35 ♥ Cardio Exercise with Weights [FR]</p> <p>1:00 🦋 Chicken Foot Domino Game [B]</p> <p>1:00 📷 iPhone class with Lynn- Apps [TH]</p> <p>3:00 🦋 Bingo [CR]</p> <p>3:30 🦋 Legacy Mulled Cidar Social with Doris [B]</p> <p>4:00 📷 Jenga [AS]</p> <p>6:30 Monday Night Movie [TH]</p>	<p><b>Location Keys</b></p> <p>Art Studio, 2nd Fl. AS</p> <p>Back Patio 1st Fl. BYP</p> <p>Bistro, 1st Floor B</p> <p>Club Room, 3rd Fl. CR</p> <p>Dining Room DR</p> <p>Fitness Room, 2nd Fl. FR</p> <p>Out of Building O</p> <p>Salon S</p> <p>Theater, 2nd Fl. TH</p>				



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